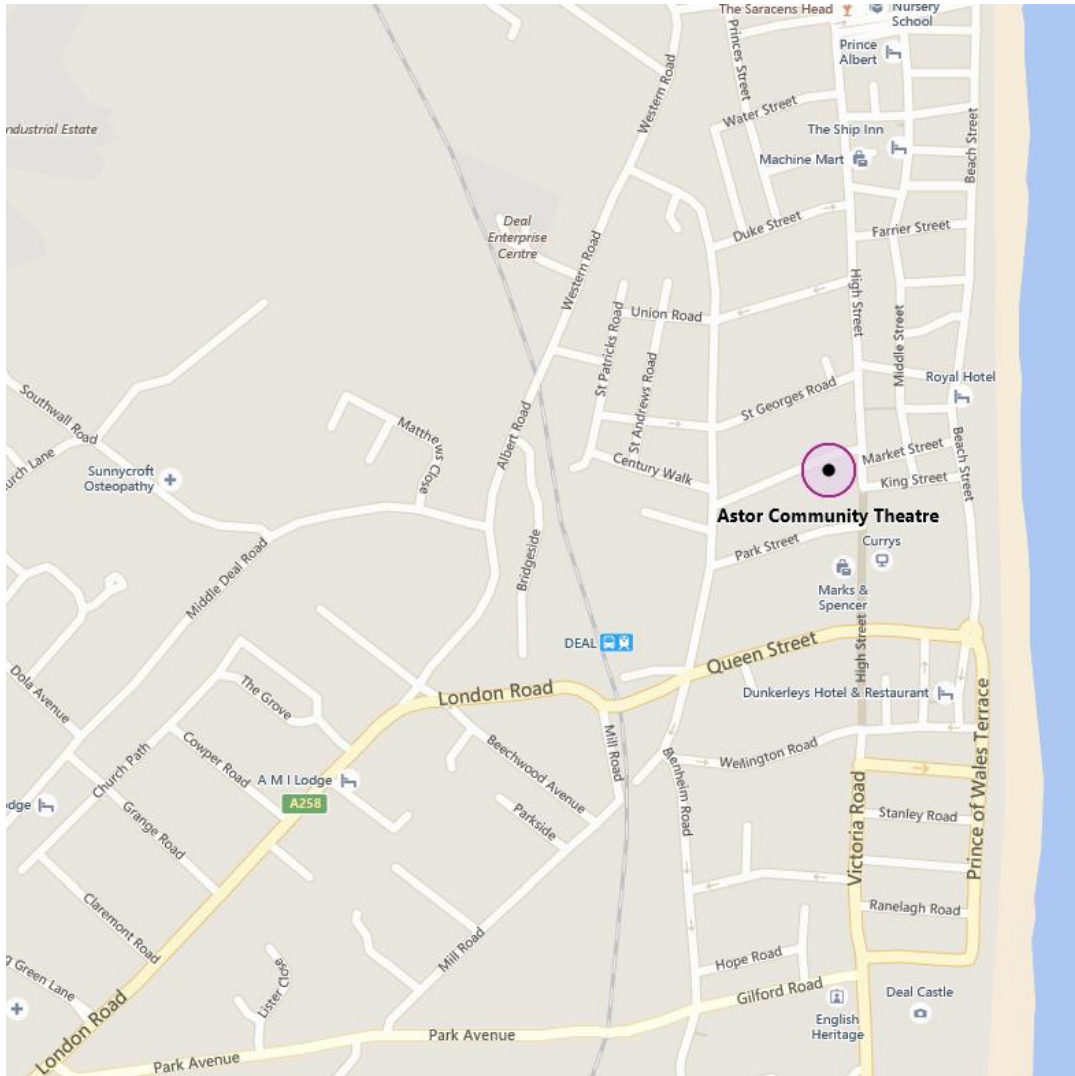


# INSPIRE FITNESS



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Directions to: The Astor Community Theatre, Stanhope Road, Deal, Kent. CT14 6AB



- 1) The studio is situated on Stanhope Road in Deal town centre. There is a Pay and Display car park next to the venue and on street parking both of which is free after 6pm.
- 2) The studio is situated on the first floor of the Astor Theatre. As you enter the building go through the door on your left and the stairs will be just on your right. We are in the studio on the left at the top of the stairs.
- 3) If you are in the 7:45pm class please wait in the little area at the top of the stairs. One of the instructors will come out to sign you in and fill in any paperwork and then you will be called into the studio once the previous class has finished.
- 4) Please leave quietly after class as the studio is in a residential area 😊

Please call us if you are lost!

*If you have any questions or queries please call one of the team on 0787 262 46 76 or email [instructor@inspirepolefitness.com](mailto:instructor@inspirepolefitness.com)*

*Many Thanks, Inspire Fitness 😊*